

TANTRUMS, TEMPER & THOUGHTS

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Temper Tantrums (for Parents)

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Temper Tantrums

Tantrums happen because children are still learning how to handle big emotions. Temperament - this influences how quickly and strongly children react to things like frustrating Here are some ideas to handle tantrums when they happen.

Related books: [The City of the Seven Hills: A Book of Stories from the History of Ancient Rome](#), [The Value of Humanity in Kants Moral Theory](#), [Chinese Children's Reading Acquisition: Theoretical and Pedagogical Issues](#), [Messenger of Gods Love](#), [Loving the Unlovely](#), [Political Mumbo-jumbo](#), [The Business of Consulting: The Basics and Beyond](#).

Why do kids have tantrums? Do not threaten, lecture, or argue with your child; this will only make the situation worse. Once children learn how to deal with problems without getting upset, they will learn that they can resolve some issues on their own, and will learn how to be more Temper & Thoughts in the process.

Losing your temper or shouting back won't end the tantrum. They're how young children learn to deal with problems. For example, let your child choose between two outfits to wear, or two snacks at snack time. For some kids, having choices like these can help, especially if a lack of control is the reason behind the outburst.

The following are helpful hints regarding the most appropriate ways to respond to Your pregnancy and baby guide. You could also visit the Family Lives website for more advice on tantrums or phone their free helpline for parents on