

**EXPERIENCED DOULA: ADVANCED SKILLS FOR
HOSPITAL DOULAS**

Eliot Mathe

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Childbirth educators may also be in a position to know which local hospitals have nursing staff that work readily with doulas and which doulas can skillfully handle a situation where nursing staff is resistant to their presence. At any time during your labor and birth, did the support provided by your doula interfere with the medical care the nurse was providing? The focus of the study was the mother's perception of this level of acceptance because the nurse and doula's relationship will impact her comfort with her total care during labor.

Support from a doula and the security of knowing she would be present at the birth. The role of a doula is to provide specific labor-support skills, techniques, and strategies, offer guidance and encouragement, build a team relationship with the nursing staff, encourage communication between the patient and medical caregivers, and assist the mother in covering the gaps in her care. If so, please. Her study demonstrates how doulas can help anxious mothers through childbirth by creating safe, comforting environments, encouraging women to design a birth plan that includes ways to make them feel secure during labor and birth before any catastrophic event may occur, and facilitating positive communication between the provider and client.

Doulas gained popularity during the 1970s when women became distressed at the eve of these classes, participants learned about prenatal care; reproductive life planning; prenatal fitness and healthy nutrition; multivitamins and folic acid; and information on breastfeeding, healthy relationship formation, nutrition and cooking, stress management, and safe and secure housing. The purpose of the current pilot study was to examine the level of acceptance shown by the intrapartum nurse for doula support.